

C-ID Descriptor

Introductory Psychology

Descriptor Details

- **Descriptor Title:** Introductory Psychology
- **C-ID Number:** 110
- **Units:** 3.0
- **Date of Last Revision:** 10/12/2017 04:43:57 PM PDT

General Description

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology.

The Psychology FDRG recommends that colleges award credit for their course that is comparable to the C-ID PSY 110 descriptor when a student has received an AP Psychology score of 3 or higher.

Prerequisites

No information provided

Corequisites

No information provided

Advisories

English, one level below transfer (i.e., eligibility for English composition (C-ID ENGL 100)) and reading (a course with an exiting skill of ability to read a college level text)

Content

1. Exploration of major theories, concepts, methods, and research findings in psychology.
2. Research methods, including the scientific approach, research design, the use of statistics, and ethics.
3. Major sub-disciplines in psychology including but not limited to: the biological bases of brain-behavior relationships, perception, cognition, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders, and therapeutic approaches, and applied psychology.

Lab Activities

No information provided

Objectives

Upon successful completion of the course, students will be able to:

1. Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.
 - a. Explain (including advantages and disadvantages) and compare major theoretical perspectives of psychology (e.g., behavioral, biological, cognitive, evolutionary, humanistic, psychodynamic and socio-cultural);
 - b. Demonstrate knowledge and understanding of the following nine general domains: (1) biological bases of behavior and mental processes, (2) sensation and perception, (3) learning and memory (4) cognition, consciousness, (5) individual differences, psychometrics/measurement, personality, (6) social processes (including those related to socio-cultural and international dimensions), (7) developmental changes in behavior and mental processes that occur across the lifespan, (8) psychological disorders, and (9) emotion and motivation;
 - c. Describe and demonstrate an understanding of applied areas of psychology (e.g., clinical, counseling, forensic, community, organizational, school, health);
 - d. Draw the distinction between scientific and non-scientific methods of understanding and analysis.
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.

3. Understand and apply psychological principles to personal experience and social and organizational settings.
4. Demonstrate critical thinking skills and information competence as applied to psychological topics.

Evaluation Methods

May include:

Exams

Quizzes

Written Assignments

Projects

Textbooks

Myers, Exploring Psychology

Weiten, Themes and Variations in Psychology

Gazzaniga, Halpern, and Heatheron, Psychological Science

Feldman, Understanding Psychology

Wood, Wood, and Boyd, The World of Psychology