



C-ID Descriptor

Group Process and Group Leadership

Descriptor Details

- **Descriptor Title:** Group Process and Group Leadership
- **C-ID Number:** 130
- **Suffix:**
 - Community College Use Only (X)
- **Units:** 3.0
- **Hours:** 0000
- **Date of Last Revision:** 10/12/2017 11:44:14 PM GMT+0000

General Description

Introduction to group dynamics and group leadership skills within the context of treating substance use disorder. The focus is on group development, interpersonal and intrapersonal processes, and group facilitation skills. The course incorporates a strong experiential component with an emphasis on changing behavior as a goal.

Prerequisites

No information provided

Corequisites

No information provided

Advisories

ADS 110 and ADS 120; English, one level below transfer [i.e., eligibility for English composition (C-ID ENGL 100)] and reading (a course with an exiting skill of ability to read a college level text).

Content

1. Stages of group development
2. Group facilitation skills
3. Use of exercises in groups

Lab Activities

No information provided

Objectives

At the conclusion of this course, the student should be able to:

1. Identify and demonstrate the skills needed to facilitate a counseling group for individuals with substance use disorder.
2. Demonstrate a basic understanding for individuals with substance use disorder in a multicultural context.
3. Describe, contrast, and compare goals, advantages, and limitations of group counseling for individuals with substance use disorder.
4. Contrast and compare the leading theoretical approaches to group counseling and evaluate the ways in which elements from each may be integrated into chemical dependency group counseling.
5. Describe the stages in the development of a group.
6. Describe personal qualities and skills of the group leader and special problems and issues facing beginning group leaders.
7. Describe the rights of group counseling participants.

Evaluation Methods

- A. Writing assignments
- B. Exams/quizzes
- C. Presentations
- D. In-class group exercises

Textbooks

Corey, Gerald; Theory and practice of group counseling

Corey, Gerald; Student Manual for theory and practice of group counseling

Corey, Marianne, Corey, Gerald, and Corey, Cindy;

Groups Process and Practice

Gladding, Samuel; Group work: A Counseling Specialty

Johnson, David and Johnson, Frank

Joining Together: Group theory and Group Skills

Miller, William and Rollnick, Stephen; Motivational Interviewing: Helping People Change

SAMHSA; Substance Abuse Treatment: Group Therapy, A Treatment Protocol Improvement Protocol TIP 41 (Available at <https://www.ctcertboard.org/files/TIP41.pdf>)