



# C-ID Descriptor

## Family and Addiction

### Descriptor Details

- **Descriptor Title:** Family and Addiction
- **C-ID Number:** 180
- **Suffix:**
  - Community College Use Only (X)
- **Units:** 3.0
- **Hours:** 0000
- **Date of Last Revision:** 2/26/2025 04:02:53 PM GMT+0000

### General Description

This course provides an overview of the family systems approach to addiction counseling including analysis and examination of the relationship patterns that develop in families including multicultural families. The student will develop treatment strategies for assisting families and significant others during the stages of active addiction, addiction treatment, long-term recovery and relapse prevention using family-involved approaches. This would include the following: drug adolescent drug issues, co-dependency, enabling, adult children of alcoholics (ACA) with an interdisciplinary perspective.

### Prerequisites

None

### Corequisites

None

## **Advisories**

C-ID ADS 110X (Introduction to Addiction Studies), C-ID ADS 140X (Pharmacology), C-ID ADS 160X (Law and Ethics)

## **Content**

1. Basic concepts of counseling theory as it pertains to the counseling of families
2. Interdisciplinary explanations of substance use disorders
3. Socioeconomic patterns of dependency
4. Family Systems Theory – overview and use of
5. Multicultural diversity and family dynamics
6. Evidence-based approaches to family therapy

## **Lab Activities**

No information provided

## **Objectives**

*At the conclusion of this course, the student should be able to:*

1. Describe how substance use disorder affects families and concerned others.
2. Assist families, couples, and significant others to develop an understanding of the interaction between the family system and substance use behaviors.
3. Discuss the role that healthy relationships play in maintaining recovery.
4. Demonstrate an appreciation for diverse cultures and an ability to incorporate the relevant needs of culturally diverse groups when developing a treatment plan.
5. Describe the characteristics of codependency, adult children of alcoholics, and children of alcoholics.
6. Compare and contrast commonly used family treatment therapies.

## **Evaluation Methods**

Exams, quizzes, writing assignments and reading assignments, discussion groups, topic based group work, homework, genograms

## **Textbooks**

Family Therapy and Overview; Goldenberg and Goldenberg  
Brooks/Cole/Cengage Learning

Counseling Families: An Introduction to Marriage and Family Counseling; Fenell  
Love Publishing Company

Alcoholism and the Family: A Guide to Treatment and Prevention; Lawson and  
Lawson  
An Aspen Publication

Chemical Dependency: Theoretical Approaches and Strategies Working with  
Individuals and Families; Isaacson  
Routledge