



# C-ID Descriptor

## Co-occurring Disorders

### Descriptor Details

- **Descriptor Title:** Co-occurring Disorders
- **C-ID Number:** 190
- **Suffix:**
  - Community College Use Only (X)
- **Units:** 3.0
- **Hours:** 0000
- **Date of Last Revision:** 06/06/2019

### General Description

This course reviews the major concepts, definitions, and features of co-occurring mental health disorders associated with addiction. Skills in recognizing co-occurring disorders, referral and case management of clients, and appropriate scope of practice are emphasized. Common types of mental health issues associated with addiction, including mood, anxiety, and adjustment disorders, post-traumatic stress disorder, and unresolved issues of childhood abuse, are covered as well as an overview of appropriate treatment and management approaches.

### Prerequisites

ADS 110X (Introduction to Addiction Studies)

### Corequisites

No information provided

### Advisories

## **Content**

1. Co-occurring disorders, substance use disorder, and recovery
2. Scope of practice based interventions and the importance of referral
3. Psychological disorders
  - a. Personality disorders including antisocial, borderline and paranoid
  - b. Affective disorders including depression, bipolar and mania
  - c. Anxiety disorders including posttraumatic stress, panic, and obsessive compulsive disorder
  - d. Eating disorders
  - e. Schizophrenia and its subtypes
  - f. Organic mental disorders
4. Relapse prevention
5. Co-occurring disorders program development

## **Lab Activities**

No information provided

## **Objectives**

*At the conclusion of this course, the student should be able to:*

1. Describe the relationships among trauma, health disorders, substance use disorder, and psychiatric disorders.
2. Describe the interactions between cultural, social, and familial roles and stigmas.
3. Assess an individual who has mental health and addiction-related disorders
4. Explain how to integrate treatment approaches for clients with co-existing disorders.
5. Review common evidence-based treatments for mental health and substance use disorders.

## **Evaluation Methods**

- A. Class participation
- B. Examinations
- C. Homework
- D. Presentations (oral or visual)
- E. Projects
- F. Written papers or reports
- G. Cumulative finals or certifications

### **Textbooks**

Evans, K. and Sullivan, J. M. (2001). Dual Diagnosis: Counseling the Mentally Ill Substance Abuser  
New York Guilford Press.

American Psychiatric Association (2013). Diagnostic and Statistical Manual of Mental Disorders (5th/e).  
Washington, DC American Psychiatric Association.

Daley, D.C.& Moss, H. C. (2002). Dual Disorders: Counseling Clients with Chemical Dependency and Mental Illness. Center City, MN Hazelton.

Atkins, Charles "COD: Integrated Assessment and treatment of substance use and mental disorders"

TIP 42

Morrison, J "DSM made easy"

Perkinson "The addiction treatment planner"

Seligman, Linda "Selecting effective treatment: A comprehensive guide to treating mental disorders"