



# C-ID Descriptor

## Addiction Studies Internship Seminar

### Descriptor Details

- **Descriptor Title:** Addiction Studies Internship Seminar
- **C-ID Number:** 210
- **Suffix:**
  - Community College Use Only (X)
- **Units:** 2.5
- **Hours:** 0000
- **Date of Last Revision:** 10/30/2024 10:35:05 PM GMT+0000

### General Description

This course is a study of the nature of the treatment of substance use disorders with an emphasis on developing the skills and abilities of the student-as-intern. Emphasis is placed on supporting students enrolled in an addiction studies internship.

Throughout this course, students engage in critical analysis of their strengths and weaknesses as interns and as potential professionals in the field. Students must be accepted for an internship at an approved substance abuse treatment facility. This course is intended for students only in their final semester of an Addiction Studies Program.

Total seminar hours must be at least 45 hours for all seminar courses combined.

### Prerequisites

ADS 110X, ADS 120X, ADS 130X, ADS 160X, and ADS 170X.

### Corequisites

## **Advisories**

English, one level below transfer [i.e., eligibility for English composition (C-ID ENGL 100)] and reading (a course with an exiting skill of ability to read a college level text).

## **Content**

1. The substance use disorder counselor
  - primary job functions
  - eight practice dimensions
2. Preparation for internship
  - the role of the intern
  - internship agreement
  - evaluations
3. Ethical and legal issues
  - informed consent
  - confidentiality
  - dual relationships
  - liability and malpractice insurance
4. Working with diversity
  - confronting biases
  - acknowledging historical context
  - acknowledging current context
  - the culturally competent counselor
5. Evaluating the intern's own strengths and weaknesses
6. Transference and countertransference
7. Documentation and record keeping
8. Stress and the intern
  - client behaviors
  - vicarious trauma
  - self-care and resiliency
9. Recognizing potentially dangerous clients
  - early prevention of violence

- institutional responses to threats of violence
10. Terminating internships
- client and intern response to termination

### **Lab Activities**

N/A

### **Objectives**

*At the conclusion of this course, the student should be able to:*

1. Identify and explain the primary functions and 8 practice dimensions of Technical Publication 21 (TAP-21)
2. Select and be accepted by an agency for a directed field study internship.
3. Describe the role of the intern versus that of the professional at an approved chemical dependency agency.
4. Practice the ethical guidelines of the helping professions, especially as they pertain to confidentiality, relationships with clients and supervisors, and use of technology.
5. Describe the culturally sensitive counselor and explain culture-specific counseling.
6. Explain the purpose of records, including progress notes.
7. Identify the sources and effects of stress and burnout in the helping professions and practice cognitive, physical, emotional and multimodal self-care.
8. Assess risks of assault, recognize potentially dangerous individuals and explain violence prevention and responses.
9. Prepare to close cases and to conclude the supervisory relationship.
10. Evaluate the positive and negative aspects of the internship experience.

### **Evaluation Methods**

Exams, in class presentations, group work

### **Textbooks**

Addiction Counseling Competencies: The Knowledge Skills and Attitudes of Professional Practice (TAP-21)  
SAMHSA

Intervention, Treatment, and Recovery: A Practical Guide to the TAP 21 Addiction Counseling Competencies; Phelps  
California Association for Alcohol/Drug Educators

Internship, Practicum, and Field Placement Handbook; Baird  
Routledge