

# C-ID Descriptor

## Cultural Competence in Health and Social Services

### Descriptor Details

- **Descriptor Title:** Cultural Competence in Health and Social Services
- **C-ID Number:** 104
- **Units:** 3
- **Date of Last Revision:** 9/18/2023 11:11:37 AM PDT

### General Description

This course examines the political, social, and theoretical perspectives of diverse populations as they relate to health and social services settings. The impact of health status, lifestyle and behavioral patterns, communication styles, socioeconomic status, personal prejudices, ethnic stereotyping, and cultural beliefs on individual and group access to health and social services will be investigated. Emphasis is placed on developing effective strategies to use with diverse populations as well as evaluating the effectiveness of existing health and social service programs.

### Prerequisites

No information provided

### Corequisites

No information provided

### Advisories

English, one level below transfer (i.e., eligibility for English composition (C-ID ENGL 100) and reading a course with an exiting skill of ability to read a college level text.

### Content

1. Definitions of relevant terms
  - A. Culture
  - B. Race
  - C. Ethnicity
  - D. Minority groups
  - E. Diversity
  - F. Socioeconomic status
  - G. Racism
  - H. Prejudices
  - I. Stereotyping
  - J. Cultural competence
2. Characteristics of diverse population groups
  - A. Asian Americans
  - B. African Americans
  - C. Hispanic/Latino Americans
  - D. Native Americans
  - E. Pacific Rim
  - F. Lesbian, Gay, Bi-Sexual, Transgender, Queer, Questioning, Intersex, Asexual (LGBTQQIA+)
  - G. Disabled
  - H. Other
3. Common health and social services needs of diverse populations
4. Political issues concerning diverse populations
5. Social issues concerning diverse populations
6. Theoretical perspectives concerning diverse populations
  - A. Differences in approach and treatment
  - B. Impacts on health outcomes
    1. Morbidity outcomes

## 2. Mortality outcomes

7. Potential impacts on access to health and social services, policies, utilization, interactions, and health outcomes
  - A. Beliefs
  - B. Attitudes
  - C. Cultural perspective
  - D. Institutional and environmental racism
  - E. Prejudices
  - F. Assumptions and stereotyping
  - G. Communication styles
  - H. Socioeconomic status
  - I. Lifestyle and behavioral patterns
8. Personal assessment
  - A. Ethnocentrism
  - B. Personal and professional interactions
  - C. Empathy
  - D. Acceptance of diversity
9. Evaluations of prevention, intervention, and treatment programs
  - A. Current research
    1. Credible resources
    2. Evidence-based effective strategies
  - B. Cultural-specific strategies and services
    1. Networking
10. Cultural competence practices
  - A. Prevention
  - B. Intervention
  - C. Treatment

- D. Advocacy
- E. Empowerment
- F. Critical thinking skills
- G. Problem-solving skills

## **Lab Activities**

No information provided

## **Objectives**

1. Define relevant terms including culture, race, ethnicity, minority groups, diversity, socioeconomic status, racism, prejudice, stereotyping, and cultural competence.
2. Identify characteristics and common health and social service needs of diverse population groups.
3. Analyze political and social issues relating to diverse population groups in health and social service settings.
4. Explain theoretical perspectives relating to how diverse population groups are approached and treated in health and social service settings, and the impact on health outcomes.
5. Identify beliefs, communication styles, socioeconomic status, and lifestyle and behavioral patterns of various cultures and social groups, and how they impact access to health and social services.
6. Examine both explicit and subtle dynamics of racism, prejudice, and stereotyping, and describe how they impact health and social service policies, utilization, interactions, and health outcomes.
7. Assess one's own cultural perspective, personal attitudes, assumptions, and stereotypes, and the potential impact of these on personal and professional interactions.
8. Evaluate existing health and social service program strategies for treating diverse populations, concentrating on the most effective strategies that have evidence-based results.
9. Recommend appropriate prevention, intervention, treatment, and empowerment and advocacy strategies in providing health and social services to diverse populations.

10. Demonstrate cultural competence practices including critical thinking and problem-solving skills when working with diverse populations.

### **Evaluation Methods**

May include:

Exams

Quizzes

Written Assignments

Projects

### **Textbooks**

Fawcett, Mary and Kathy Evans. Experiential Approach for Developing Multicultural Counseling Competence.

Sue, Derald Wing and David Sue. Counseling the Culturally Diverse: Theory and Practice.