

C-ID Descriptor

Introduction to Health and Healthcare Careers

Descriptor Details

- **Descriptor Title:** Introduction to Health and Healthcare Careers
- **C-ID Number:** 105
- **Units:** 3
- **Date of Last Revision:** 9/18/2023 11:15:07 AM PDT

General Description

This course provides an overview of health care careers and their respective career paths, educational and skill requirements, and professional responsibilities. Basic skills required by health-related careers, such as emphasizing personal attributes, demonstrating professionalism, engaging in teamwork, and building communication skills will be covered. Students will be assisted in making educational and career decisions for a wide variety of health care occupations.

Prerequisites

No information provided

Corequisites

No information provided

Advisories

English, one level below transfer (i.e., eligibility for English composition (C-ID ENGL 100) and reading a course with an exiting skill of ability to read a college level text.

Content

1. Job research techniques
 - a. Job profiles
 - b. Job-seeking skills
2. Healthcare careers
 - a. Pathways
 1. Entry level
 2. Technical level
 3. Professional
 - a. Educational and training requirements
 1. Nursing
 2. Dental
 3. Therapy and rehabilitation
 4. Laboratory and pharmacy services
 5. Diagnostic and imaging services
 6. Health information systems
 7. Health administration
 8. Public health
3. Personal skills
 - a. Attributes
 - b. Professionalism
 1. Patient care
 - c. Teamwork
 - d. Communication
 - e. Critical thinking
4. Professional skills
 - a. Technology used in the medical field
 - b. Documentation

- c. Medical math
- d. Infection control
- e. Physiological measurements
- f. Body mechanics
- g. Safety and emergency procedures
- h. Medical terminology
- i. Medical instrumentation

Lab Activities

No information provided

Objectives

1. Demonstrate job research techniques to learn about various health care careers and job-seeking skills.
2. Identify and describe various health care careers, career pathways, and educational and training requirements.
3. Identify and describe the personal and professional skills necessary for health care workers.
4. Practice workplace skills necessary for health care workers in a variety of settings.
5. Employ basic medical terminology.

Evaluation Methods

May include:

Exams

Quizzes

Written Assignments

Projects

Textbooks

Mitchell, Dakota and Lee Haroun, *Introduction to Health Care*

DeLaet, Roxann, *Introduction to Health Care and Careers* (Classic)