



# C-ID Descriptor

## Social Determinants of Health, Disparities and Equities

### Descriptor Details

- **Descriptor Title:** Social Determinants of Health, Disparities and Equities
- **C-ID Number:** 113
- **Units:** 3
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### General Description

This course will examine personal and social determinants of health through the examination of the role individuals play in their own health and wellbeing, along with the impact of environmental, social, structural, and cultural factors that play a role both in individual and community and public health. Health disparities and inequities in sexually diverse, gender, racial, and minority populations will be explored, and culturally competent ideas to bridge the health equity gap and improve population health will be developed.

### Prerequisites

None

### Corequisites

None

### Advisories

English, one level below transfer (i.e., eligibility for English composition (C-ID ENGL 100) and reading a course with an exiting skill of ability to read a college level text.

## Content

### 1. Social determinants of health

Environmental conditions

- B. Social circumstances, including education, income, and social status
- C. Individual behavioral choices and coping skills
- D. Access to health services, health education, and healthcare services
- E. Biology and genetic endowment
- F. Gender, identity, and orientation
- G. Culture and race

### 2. Important concepts intersect with individual and population health status.

- A. Culture
- B. Diversity
- C. Health disparities
- D. Health equities
- E. Health inequalities
- F. Cultural competency

### 3. Social Epidemiology

### 4. Social gradient and health

- A. Income
- B. Labor market disadvantage
- C. Unemployment
- D. Job security

### 5. Examine institutions of health, health education, and healthcare services

- A. Access
- B. Affordability

- C. Diversity
  - D. Equity
  - E. Cultural competence
  - F. Gender, race, ageist, and sexual orientation biases
6. Psychosocial perspective of health
- A. Social support
  - B. Social patterning
  - C. Social cohesion
  - D. Inclusion in school, the workforce, and community.
7. Etiology of illness, disease, and health disparities
- A. Stigma
  - B. Poverty
  - C. Social exclusion
  - D. Race
  - E. Immigrant status
  - F. Minority status
8. Environment
- A. Housing conditions
  - B. Neighborhoods
  - C. Transportation
  - D. Food security/insecurity
  - E. Social patterning behaviors
    - 1. Substance abuse
    - 2. Violence, Gangs
9. Politics
- A. Social policy and practices
  - B. Models of health

- C. Globalization and human health
  - 10. Research methods
- A. Social determinants of health
  - B. Culture
  - C. Race
  - D. Gender
  - E. Sexual orientation
- 11. Case studies
  - A. Challenges of cultural competency, social inclusion, and social justice
  - B. Contributions
    - 1. Local, national, and global
- 12. Application of social determinants
  - A. Health promotion
  - B. Community organizing,
  - C. Social inclusion
  - D. Public health interventions

### **Lab Activities**

No information provided

### **Objectives**

1. Identify and describe the social determinants of health and their individual, interactive, and combined influences on individual and community and public health.
2. Define important concepts, such as culture, diversity, health disparities, health equities, health inequalities, and cultural competency, and understand how they intersect with individual and population health status.
3. Explore the discipline of Social Epidemiology that focuses particularly on the effects of social-structural factors on states of health and assumes that the distribution of advantages and disadvantages in a society reflects the

distribution of health and disease.

4. Examine the life course, the social gradient and health, and the complex relationship between income, labor market disadvantage, unemployment, job security, and population health status.
5. Examine institutions of health, health education, and healthcare services with specific emphasis on access, affordability, diversity, equity, cultural competence, and gender, race, ageist, and sexual orientation biases.
6. Analyze health from a psychosocial perspective on social support, social patterning, social cohesion and inclusion in school, the workforce, and community.
7. Examine the relationship of etiology and stigma, poverty, social exclusion, race, and immigration and minority status as major social determinants of health that drive morbidity, mortality, and health disparities.
8. Analyze how housing conditions, neighborhoods, transportation, food security/insecurity, and social patterning behaviors affect population health status.
9. Understand how politics that govern social policy and practices affect population health.
10. Apply research methods that are useful in identifying and understanding the relationships between the social determinants of health and culture, race, gender, and sexual orientation.
11. Examine case studies and describe the challenges to achieving cultural competency, social inclusion, and social justice, and identify ways to contribute to social justice that bridge the health equity gaps and improve health within local communities, nations, and/or the world.
12. Apply concepts of social determinants to health promotion, community organizing, social inclusion, and public health interventions

## **Evaluation Methods**

May include:

Exams

Quizzes

Written Assignments

Projects

Presentations

## **Textbooks**

Davidson, Alan, Social Determinants of Health, A Comparative Approach

Barr, Donaldson, Health Disparities in the United States, Social Class, Race, Ethnicity, and the Social Determinants of Health